



eathos
CATERING

HOW WE CAME TO BE

At Eathos, we're passionate about delivering exceptional culinary experiences to our customers since our establishment in the UAE in 2014. Our diverse blend of home-grown and international brands ensures that there's something for everyone, regardless of culture, taste, or dietary requirements.

With a portfolio of more than 15 concepts, we take pride in exploring a wide range of flavors and cuisines. Some of our standout brands include Joga, Sushi Art, Rosa's Thai, Kababji and Tortilla. All our food is ethically made with the freshest, locally sourced, and carefully selected ingredients.

We're proud to offer catering services for events of any size. As the most trusted caterer in the region, we bring our local expertise and international experience to elevate any event, ensuring that every detail is taken care of.

Join us for a culinary adventure that will tantalize your taste buds and leave you wanting more. Experience the exceptional dining that Eathos is known for.

THE BRANDS

Kababji®
GRILL

A L I E N  B U R G E R

SUSHIART

COCOTTE
FRENCH ROTISSERIE

ROSA'S THAI

POKAI
your bowl everyday

Joga

MASHROU3
TABKHA

TORTILLA

THE PARTY

Corporate function, cocktail party, or live events – whatever the occasion, Eathos catering can take any event and turn it into a show-stopping success. Businesses and individuals can create carefully crafted, personalised menus from the wide range of choices from our incredible list of outlets. Burrito bowls from Tortilla, whole roasted chicken from Cocotte or platters from Kabaji – the menu options are endless. Furthermore, Eathos have a dedicated coffee break menu serving breakfast, mini pastries and hot drinks - the perfect start to any event and day. There is also a canape menu with sweet and savoury bites, and bespoke lunch and dinner menus with a range of dishes to cater to every palate. We haven't forgotten the kids and offer menus to suit even the tiniest of tastebuds!

Our assigned team are on-hand to support you with menu choices and any dietary requirements, offering gluten free, vegan and vegan options too. From fully-trained wait staff, crockery, cutlery and chefs, Eathos have thought of every last detail to deliver a seamless, stress-free event to your door at any time.

DROP US A LINE

We can make your event memorable and hassle free. Our experienced catering team will take care of every detail, accommodating all your needs and preferences. Contact us on: catering@eathos.net or call on 056 548 1988 – we would love to be a part of your next event.

Kababji®

GRILL

APPETIZERS & SALADS

FATTOUSH
TABBOULEH

HUMMUS
MOUTABBAL EGGPLANT
MOUHAMMARA

FRIED STUFFED KEBBEH
CHEESE RAKAKAT
SAMBUSEK

MAINS

KABAB HALABI PLATTER
4 skewers of ground meat kneaded with house-blend spices & parsley served with french fries

SHISH TAOUK PLATTER
2 skewers of skinless boneless chicken breast cubes marinated in a special blend of spices served with french fries

GRILLED CHICKEN PLATTER
Half Grilled chicken marinated in a special kababji blend of herbs and seasonings, served with seasoned french fries

MIX GRILL PLATTER
1 skewer of shish taouk, 1 skewer of grilled veal filet and 2 skewers of kabab halabi with grilled onions, grilled tomatoes served with french fries

GRILLED VEAL FILET PLATTER
3 skewers of grilled veal tenderloin cubes and grilled onions marinated with a special blend of spices served with french fries

CHICKEN KABSA
Kabsa Rice with half charcoal grilled chicken, served with tomato sauce and yogurt

BIRYANI WITH CHICKEN KABAB
Aromatic Biryani rice topped with our signature, charcoal grills, hormone free chicken kabab served with cucumber yogurt

SANDWICHES

SHISH TAOUK SANDWICH
Skinless boneless chicken breast cubes marinated in a special blend of spices with garlic sauce and pickles

GRILLED VEAL FILLET SANDWICH
Grilled veal tenderloin cubes and grilled onions marinated in a special blend of spices with hommos and pickles

KABAB HALABI SANDWICH
Ground meat Kneaded with house blend of spices, parsley with hommos and pickles

VEGGIE SANDWICH
Potatoes, Coriander, Hindbeh, olive, tomatoes and pickled cucumber



DESSERTS

MOUHALABIEH
LOTUS CHEESE CAKE
DATE CARAMEL PUDDING

SANDWICH MEAL DEAL

1 Salad, 1 Appetizer,
& Choice of 1 Sandwich

56

PLATTER MEAL DEAL

1 Salad, 1 Appetizer,
& Choice of 1 Main

86

SHARING BOX 1

4 Sandwiches Cut In Half,
Chicken Wings
& French Fries

99

SHARING BOX 2

8 Sandwiches Cut In Half,
Chicken Wings
& French Fries

179

SANDWICH OPTIONS

Shish Taouk, Grilled Veal Fillet, Kabab Halabi,
Kabab Khashkhash, Kabab Intabli,
Makanek Extra, Cauliflower, Halloumi





SALADS & WRAPS

ROSEMARY CHICKEN SALAD

Rosemary chicken, black olives, cucumber, avocado, pomegranate seeds, sundried tomato, romaine lettuce, rocket leaves, lemon mustard dressing

CHICKEN PASTA SALAD

Lemon herb chicken, pesto pasta, feta cheese, sundried tomato, mixed lettuce, carrot, black olives, cucumber, tomato, lemon oil dressing

GREEN QUINOA SALAD (V)

Quinoa, avocado, feta cheese, mixed lettuce, baby spinach, pumpkin seeds, sunflower seeds, herb dressing

SUPERFOOD SALAD (V)

Roasted pumpkin, carrot, sweet potato, kale, rocket leaves, quinoa, pomegranate, toasted oats, walnuts, pomegranate molasses

CAJUN CHICKEN WRAP

Cajun chicken breast, cajun mayo, vegetable slaw, romaine lettuce, tomato, cheddar cheese in a wholewheat wrap

TANDOORI CHICKEN WRAP

Tandoori chicken breast, pesto mayo, romaine lettuce, tomato, cheddar cheese in a wholewheat wrap

FALAFEL WRAP (V)

Baked falafel, salad mix, pickled chili, coriander, rocket leaves, gherkins, tomato, tahini sauce in a spinach wrap

VEGAN WRAP

Hummus, kale, pickles, roasted carrots, cauliflower, pumpkin, sweet potato in a spinach wrap

BOWLS

MEXICAN BOWL (Vgn)

Tomato burgul, roasted bell peppers, sweet potato, mixed beans, avocado, pico de gallo, rocket leaves, lime, green dressing

MEDITERRANEAN BUDDHA BOWL

Quinoa, falafel, grilled aubergine, cauliflower, cucumber, cherry tomato, carrot, rocket leaves, dill pickles, tahini dressing

BAKED SALMON & FENNEL RICE BOWL

Fennel rice, baked salmon, edamame, avocado, charred broccoli, sweet potato, rocket leaves, orange hollandaise dressing

CHICKEN & LENTIL BUCKWHEAT BOWL

Lentil buckwheat, tuscan chicken and cheese, charred broccoli, roasted vegetables, baby spinach, sweet potato, tuscan tomato sauce

DESSERTS & JUICES

NUTELLA SEA SALT COOKIE

FRESH FRUIT POT

DATE AND CARAMEL POT

GREEN GROCER

Carrots, green apple, ginger

GREEN MACHINE

Celery, ginger apple, cucumber

FRESH JUICES

Carrot, apple, watermelon or orange



REGULAR MEAL DEAL

Choice of 1 Salad and 1 Wrap

66

VEG MEAL DEAL

Choice of 1 Salad and 1 Wrap

56



SUSHIART



PLATTERS

SALMON CLASSIC

10 Salmon Sushi

COOKED 18

6 Shrimp Tempura Rolls, 6 Crispy Kani Rolls,
6 Chicken Katsu Rolls

CLASSIC MIX

3 Salmon Sushi, 2 Tuna Sushi, 6 Salmon Avocado Rolls,
6 Tuna Maki

SALMON LOVERS

6 Salmon Avocado Spring Rolls, 6 Salmon Avocado Rolls,
6 Salmon Sushi

SUPER SALMON

6 Salmon Avocado Rolls, 6 Salmon Avocado Spring Rolls,
6 Salmon Roll Maki, 6 Salmon Maki

CALIFORNIA DREAM

6 Salmon Avocado Rolls, 6 Crispy Kani Rolls,
6 Shrimp Tempura Rolls, 6 Chicken Katsu Rolls

SUNSET

5 Salmon Sushi, 6 Shrimp Tempura Rolls, 3 Salmon Sushi,
2 Salmon Teriyaki Sushi, 2 Tuna Sushi

SIGNATURE BOX

4 Volcano Rolls, 4 Fire Rolls, 4 Dragon Rolls,
4 Rainbow Rolls, 4 Rock & Roll



*All Lunch Boxes, Platters and Sharing Boxes include Soy Sauce,
Pickled Ginger & Wasabi

*Any Lunch Box, Platter or Sharing Box is served with your Choice of
2 Side Dishes (Cabbage Salad, Carrot Salad with Citrus Dressing,
Coleslaw Wasabi Salad, Edamame)



SIGNATURE BOX DELUXE - 44 PCS

4 Volcano Roll, 4 Fire Roll, 4 Dragon Roll, 4 Rock N Roll,
4 The Exotic Roll, 4 Crazy Shrimp Tempura Roll,
6 Salmon Avocado Roll, 6 Spicy Tuna Maki, 4 Tuna Sushi,
4 Salmon Sushi, 2 Salmon Teriyaki Sushi

BLACKBOX CLASSIC - 58 PCS

2 Shrimp Sushi, 4 Tuna Sushi, 4 Teriyaki Salmon Sushi,
6 Salmon Sushi, 6 Salmon Maki, 6 Salmon Roll Maki,
6 Salmon Avocado Rolls, 6 Cooked Tuna Avocado Rolls,
6 Chicken Katsu Rolls, 6 Salmon Avocado Spring Rolls,
6 Salmon Tataki Spring Rolls

BLACKBOX DELUXE - 58 PCS

2 Tuna Sushi, 2 Seabream Jalapeno Sushi, 2 Shrimp Sushi,
4 Salmon Sushi, 4 Teriyaki Salmon Sushi, 6 Salmon Roll Maki,
6 Pacific Rolls, 6 Citrus Salmon Rolls, 6 Crispy Kani Rolls,
6 Tuscan Spring Rolls, 6 Salmon Tataki Spring Rolls,
8 Rock N Roll Signature Rolls

FAMILY BOX DELUXE - 130 PCS

8 Rock and roll, 8 volcano roll, 8 dragon roll, 12 salmon
aburi roll, 6 chicken katsu roll, 12 crispy kani roll,
6 crab avocado roll, 12 cucumber cheese roll, 6 salmon maki,
6 salmon avocado roll, 6 prawn tempura roll, 4 salmon sushi,
4 tuna sushi, 3 salmon teriyaki sushi, 3 tuna teriyaki
sushi, 6 prawn sushi, 10 tuna sashimi, 10 salmon sashimi

MASHROU3 TABKHA



APPETIZERS & SALADS

FATTOUSH

Rocca, lettuce, purslane, tomatoes, cucumbers, lemon juice, virgin olive oil, garlic & pomegranate molasses

TABBOULEH

Fresh parsley, tomatoes, cracked wheat, onions, freshly squeezed lemon juice & virgin olive oil

HUMMUS

Blended Chickpeas, tahini & freshly squeezed lemon juice topped with virgin olive oil

MOUTABBAL

Eggplant grilled over charcoal, lightly mashed with tahini & freshly squeezed lemon juice topped with virgin olive oil

KIBBEH

Cracked wheat mixed with meat, stuffed with sauteed minced meat, onions, pomegranate, walnuts and a blend of spices

CHEESE ROLLS

A special mix of cheese, herbs and spices, rolled in house made dough

MAIN DISHES

KAFTA & BATATA

Kafta meat, tomato & onions baked in the oven with a rich tomato sauce, served with rice & vermicelli noodles

BEEF STROGANOFF

Our classic beef stroganoff with tender strips of beef and fresh mushrooms in a creamy Stroganoff sauce, served with rice

SHISH BARAK & KIBBE BIL LABAN

Shish Barak & Kibbe in yogurt sauce, served with vermicelli rice

ORIENTAL RICE CHICKEN

Perfectly seasoned oriental rice with minced meat topped with roasted chicken, nuts and served with yogurt

MOULOUKHIYE

Mallow leaves slow cooked in chicken broth, served with white rice, toasted bread, onion & vinegar

MOUJADARA (Vgn)

A simple lentil, onion & rice combination that brings back your memory of home, served with cabbage salad

LOUBIEH B ZEIT (Vgn)

Vegetarian green bean stew with tomatoes and olive oil, served with onion, green peppers and Arabic bread



DESSERTS

DATE PUDDING CAKE

Sticky toffee pudding, salted caramel sauce served in pot

CHOCOLATE BROWNIES

Chewy Chocolate Brownies, Chocolate sauce served in a pot

MOUHALABIEH

Creamy lebanese pudding topped with pistachio

CLASSIC MEAL DEAL

Choice Of a Daily Dish,
1 Salad & Appetizer
& a Dessert

60

SPECIAL MEAL DEAL

Choice Of a Daily Dish,
2 Salad & Appetizer
& a Dessert

75

MEAL DEAL FOR FOUR

Choice Of 4 Daily Dishes,
1 Hummus, 1 Moutabbal,
1 Tabbouleh, 2 Fattoush,
4 Cheese Rolls, 4 Kibbeh
& 4 Desserts

230

TORTILLA



MAIN DISHES

BURRITO / BOWL

Choice Of Grilled Chicken, Barbacoa, Grilled Shrimps Or Vegetarian Include rice, beans and toppings

QUESADILLAS

Toasted tortilla with cheese choice of grilled chicken, grilled steak, grilled shrimps or vegetarian served with salsa and chips



SIDES & DESSERTS

TORTILLA CHIPS WITH SALSA

TORTILLA CHIPS WITH GUACAMOLE & SALSA

CHURROS

5 pcs of our Mexican Doughnuts topped with cinnamon and sugar served with a side of Caramel and Chocolate Sauce

MEXICAN BROWNIES

Finger licking chocolate brownie with a hint of spice

CLASSIC MEAL DEAL

Burrito or quesadillas,
& Bag of tortilla chips
With salsa

63

SPECIAL MEAL DEAL

Burrito or quesadillas,
bag of tortilla chips with
guacamole & mexican brownies

79

FAJITA FIESTA

Fajita mix or grilled chicken includes tomato
rice, black beans, pico de gallo salsa, grilled
peppers, onion & zucchini, sour cream

199



QUESADILLAS SHARING BOX

Choose 4 quesadillas from
Beef barbacoa, vegetarian, grilled chicken,
Grilled steak, chilli con carne

Served with tortilla chips and your choice of
3 Salsas from: salsa verde or salsa roja, tomato salsa,
corn salsa, sour cream

159



BURRITO SHARING BOX

Choose 4 burritos from
Beef barbacoa, vegetarian, grilled chicken,
Grilled steak, chilli con carne

Served with tortilla chips and your choice of
3 Salsas from: salsa verde or salsa roja, tomato salsa,
Corn salsa, sour cream

159

BURGERS

CLASSIC CHEESEBURGER

A juicy, wagyu beef patty, american cheese, caramelized onions, dill pickles & our secret alien sauce

MUSHROOM SWISS BURGER

A juicy, wagyu beef patty, American & emmental cheese, sauteed mushrooms, caramelized onions & garlic mayo

CRISPY CHICKEN BURGER

Crispy chicken breast, American cheese, crisp veg salw & ranch sauce

INTERSTELLAR VEGAN BURGER

An out of this world creation for veggies & vegans alike: a juice plant-based, homemade vegan mayo, vegan cheese, caramelized onions & pickles in a soft potato bun



SIDES & DESSERTS

FRENCH FRIES

Potato fried to golden perfection

CHICKEN TENDERS

Breaded, crispy fried chicken breasts

DATE PUDDING CAKE

Sticky toffee pudding, salted caramel sauce served in pot



REGULAR MEAL DEAL

Choice of one burger, French Fries & Soft Drink

66

ALIEN SUPERNOVA SLIDER BOX

Selection Of 12 Sliders, French Fries & Sauces
Alien Sauce, Truffle Mayo, Ketchup

219

POKAI

your bowl everyday



SIGNATURE POKÉ

FRESH SALMON

Vinegared rice, salmon, olive oil, ginger, mint, onion, red cabbage, avocado, sesame

SALMON TUNA

Vinegared rice, salmon, tuna, olive oil & lemon sauce, cabbage salad, edamame, avocado

BEEF TERIYAKI

Vinegared rice, grade a black angus beef tenderloin, teriyaki sauce, chives, sesame, edamame, pokai salad

CHICKEN TERIYAKI

Vinegared rice, chicken breast marinated in teriyaki sauce, broccoli, edamame, carrots, zucchini, asparagus, olive oil

QUINOA SALAD

Mixed quinoa, red and green pepper, carrot, cucumber, edamame, spring onions, peanuts, special quinoa sauce

KANI SALAD

Masago, cucumber, carrots, shredded crab sticks, chives, and special kani sauce

CREAMY SHRIMP SALAD

Shrimp, romaine lettuce, rockets, baby spinach, avocado, carrot, red pepper, creamy sauce with truffle oil

SIDE & DESSERTS

EDAMAME

CABBAGE SALAD

1/2 QUINOA SALAD

FRESH FRUIT SALAD

GLUTEN FREE AVOCADO BROWNIE

SOFT DRINK OR WATER SMALL



THE POKAI DEAL

1 Craving Poke Bowl, 1 Side,
1 Dessert & 1 Drink

75

THE SALAD DEAL

1 Salad, 1 Side,
1 Dessert & 1 Drink

75

ROSA'S THAI

STARTERS

PRAWN CRACKERS

Served with sweet chili sauce

CRISPY PRAWNS

Fried prawns coated in crispy breadcrumbs, served with a homemade sweet chili sauce

ROSAS HOMEMADE SPRING ROLLS

Hand rolled with crunchy vegetables, celery, mushrooms & glass noodles, crisp-fried & Served with sweet chili sauce

CHICKEN SATAY

Tender, Lemongrass-scented grilled chicken thigh skewers with a peanut dipping sauce

PAPAYA SALAD

Som Tam: The Famous green papaya salad



MAIN DISHES

PAD THAI (Chicken, Shrimp, Veg/Tofu)

Thailand famous national dish is a sweet & sour stir-fry with rice noodles, tamarind, coconut palm sugar, eggs & crushed peanuts

GREEN CURRY (Chicken, Beef, Prawns, Veg/Tofu)

Thailand best-loved curry is a bestseller at Rosas too. Made with aubergine, bamboo shoots and sweet basil

MASSAMAN CURRY (Chicken, Beef, Veg/Tofu)

Our mildest curry is fragrant with gentle silk road spices and comes with potatoes, onions and cashew nuts, garnished with fried shallots

CASHEW STIR-FRY (Chicken, Prawns, Veg/Tofu)

A classic stir-fry with rosas soy sauce, cashew nuts, Spring onion, mushrooms, and dried roasted chilliesonion, green peppers & arabic bread



CLASSIC MEAL DEAL

Choice of 1 Starter
& 1 Main

65

COCOTTE

FRENCH ROTISSERIE



APPETIZERS & SALADS

QUINOA SALAD

Quinoa, diced cucumber, tomatoes & yellow pepper, served with mint, chives, pomegranate seeds & parsley lime dressing

TOMATO, ROASTED PEPPERS & FETA SALAD

Cherry tomatoes, thyme, feta, yellow peppers & shallots marinated in mild, pickled vinegar dressing

SPINASH & FETA CROQUETTES

Fried feta cheese and spinach croquettes, served with aioli

CHICKEN & TRUFFLE CROQUETTES

Fried roasted chicken, mushroom & truffle croquettes, served with aioli

MAIN DISHES

WHOLE ROASTED CHICKEN

Our chickens are marinated for 24 hours in a secret blend of french herbs, steamed & finished on the rotisserie spit, with our homemade chicken Jus

BEEF TENDERLOIN STEAK

Grilled Beef Tenderloin served with rocket & parmesan salad, french fries & truffle sauce

CONFIT SHOULDER LAMB

Confit Lamb shoulder served with classic, creamy mashed potato

PAN FRIED SALMON FILLET

Pan Fried Salmon Fillet served on a bed of ratatouille, served with herbed pesto dressing

SIDES & EXTRAS

ROASTED BABY POTATO

Skin-on fries, gently tossed in our rosemary salt

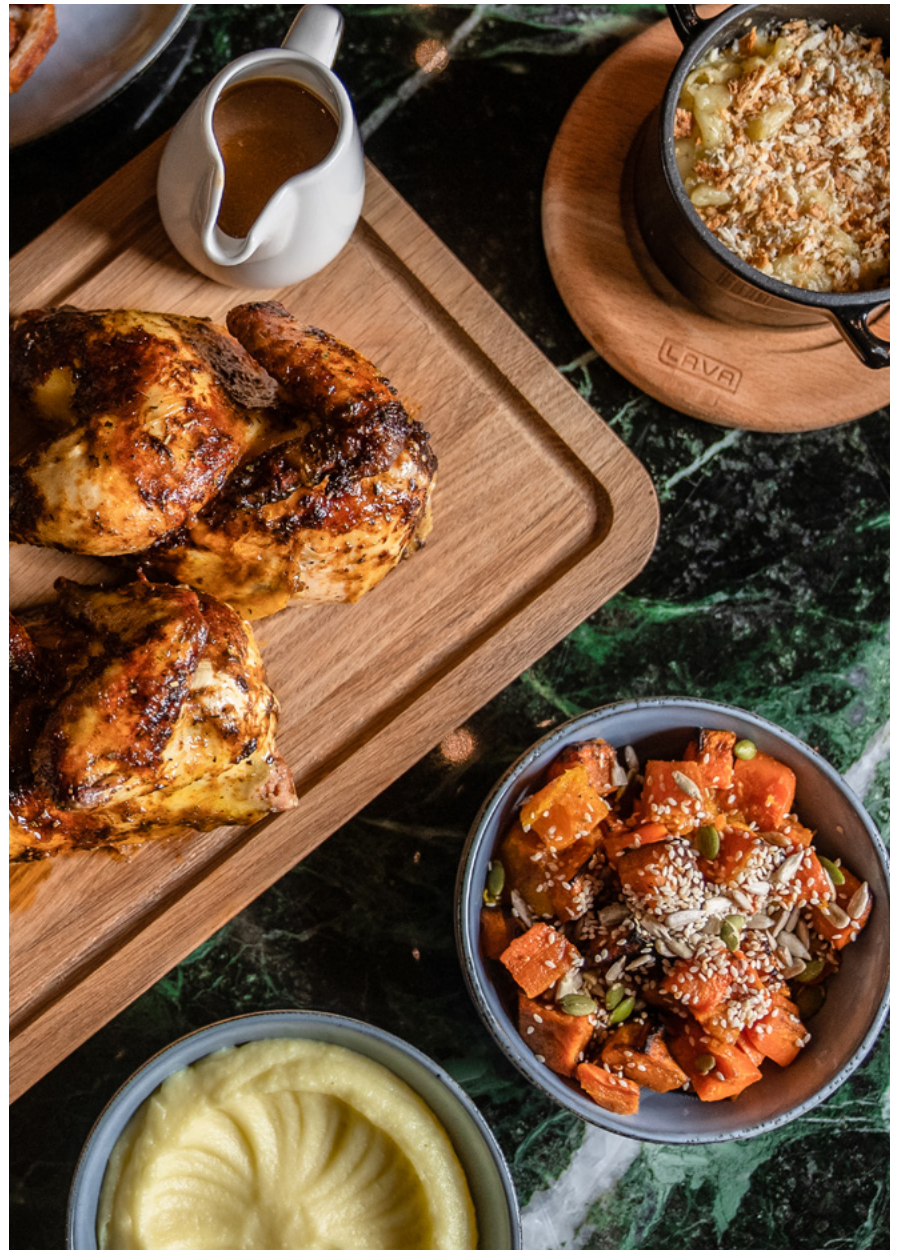
CLASSIC MASHED POTATOES

RATATOUILLE

A French Classic: Roasted aubergines, courgettes, peppers, garlic, onion, thyme & rosemary cooked in tomatoes, Balsamic

TRUFFLE MAC & CHEESE

Our decadent, truffled mac & cheese



QUARTER ROTISSERIE CHICKEN MEAL DEAL

A whole rotisserie chicken, Served with 1 side & 1 Sauce of your choice

CHOICE OF SAUCES

Chicken Jus, Garlic Mayo, BBQ Sauce, Spicy Sauce, Truffle Mayo

56

HALF ROTISSERIE CHICKEN MEAL DEAL

A whole rotisserie chicken, Served with 1 side & 2 Sauces of your choice

CHOICE OF SAUCES

Chicken Jus, Garlic Mayo, BBQ Sauce, Spicy Sauce, Truffle Mayo

88

FULL ROTISSERIE CHICKEN MEAL DEAL

A whole rotisserie chicken, Served with 3 sides & 3 Sauces of your choice

CHOICE OF SAUCES

Chicken Jus, Garlic Mayo, BBQ Sauce, Spicy Sauce, Truffle Mayo

174

THANK
YOU

eathos
CATERING

All pricing packages are fully customizable to accommodate
any catering requirement.

All prices are inclusive of 5% VAT.

FOR MORE INFO & BOOKING:
056 548 1988 | catering@eathos.net | eathos.net